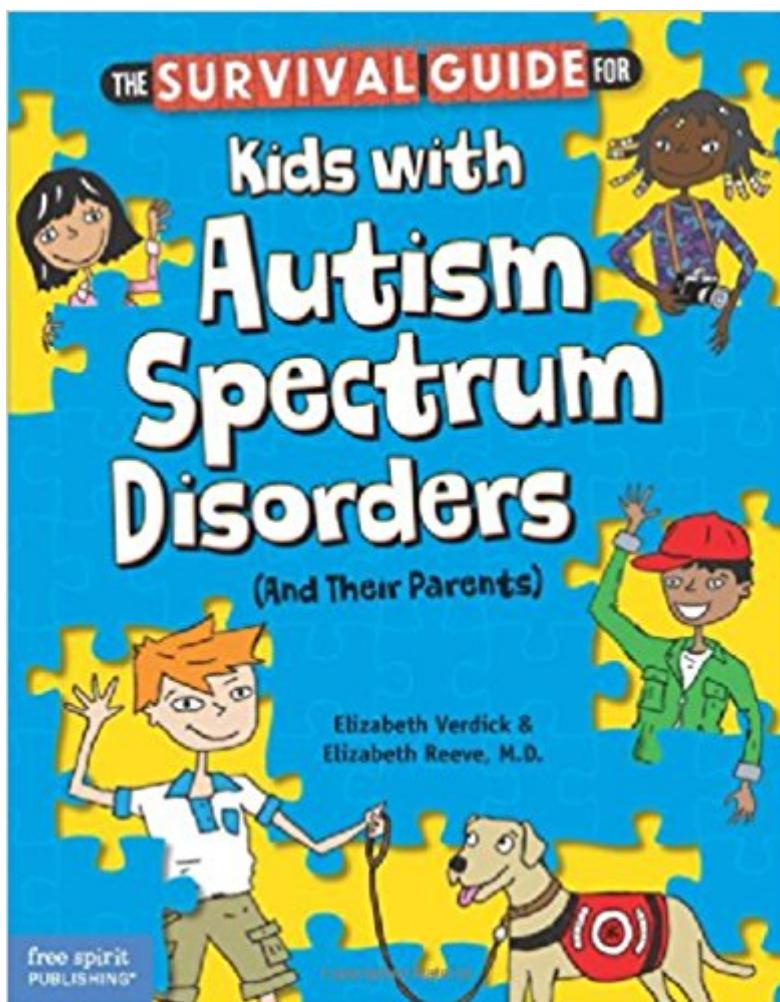


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# The Survival Guide For Kids With Autism Spectrum Disorders (And Their Parents)



## Synopsis

This positive, straightforward book offers kids with autism spectrum disorders (ASDs) their own comprehensive resource for both understanding their condition and finding tools to cope with the challenges they face every day. Some children with ASDs are gifted; others struggle academically. Some are more introverted, while others try to be social. Some get "stuck" on things, have limited interests, or experience repeated motor movements like flapping or pacing ("stims"). The Survival Guide for Kids with Autism Spectrum Disorders covers all of these areas, with an emphasis on helping children gain new self-understanding and self-acceptance. Meant to be read with a parent, the book addresses questions ("What's an ASD?" "Why me?") and provides strategies for communicating, making and keeping friends, and succeeding in school. Body and brain basics highlight symptom management, exercise, diet, hygiene, relaxation, sleep, and toileting. Emphasis is placed on helping kids handle intense emotions and behaviors and get support from family and their team of helpers when needed. The book includes stories from real kids, fact boxes, helpful checklists, resources, and a glossary. Sections for parents offer more detailed information.

## Book Information

Paperback: 240 pages

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Average Customer Review: 4.6 out of 5 stars 99 customer reviews

Best Sellers Rank: #14,256 in Books (See Top 100 in Books) #1 in Books > Teens > Social Issues > Special Needs

## Customer Reviews

With a kid-friendly format featuring brightly colored text and cartoon drawings, The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents) is a well-organized, go-to resource packed with solid information and advice for kids and adults. "Curriculum Connections, School Library Journal" Finally, a book that relates to kids on the spectrum because it incorporates actual stories from their lives in their own words! I loved the format, readability, and the content . . . [a] big thumbs up to [the] authors for tackling a tough subject and giving voice to the

very group it impactsâ "kids with autism.â •â "Louise Sattler, school psychologist, contributor to Education.comâ œVerdick and Reeveâ ™s guide manages to skillfully balance on the edge between information-heavy academic books and too-simplistic books for young children. They have produced an informative, practical guide for late elementary and middle school students that neither talks down to them nor floats above their heads.â •â "VOYAâ œPick it up for its emphasis on self-acceptance and its A-to-Z nature.â •â "Scholastic Parent & Child Â à œA treasured resource for families looking for help in successfully working through some of the problems faced by higher-functioning children with ASD. Buy two copies; one is sure to get worn out with use.â •â "School Library Journalâ œThis book is designed to be a resource for the entire â ^team of helpersâ ™ rooting for every child trying to reach [his or her] full potential, including parents, teachers, friends, and support staff. The overarching tone is one of openness, making no social or physical facet of ASD taboo. Real problems are answered with real solutions shared by kids. Interesting anecdotes and cartoon illustrations are presented alongside invaluable tools . . . [T]he authors lay a strong foundation in giving kids the ultimate skill of self-advocacy.â •â "Booklistâ œWith so many children being diagnosed with autism spectrum disorders, numerous new advice books are becoming available. This is one of the more useful ones . . . It explains in clear language strategies children can train themselves to employ to improve functioning in the neurotypical world and why these might be useful. Generally useful and easily readable . . . with lots of practical advice, especially appropriate for grade-schoolers and their caregivers.â •â "Kirkusâ œFilled with useful, accessible advice; appealingly colorful, and jauntily illustrated, The Survival Guide for Kids with Autism Spectrum Disorders should be one of the first books a family buys after a diagnosis. I wish it had been around when my own son was the right age for it, but Iâ ™m glad itâ ™s here now; it will be invaluable to so many children and their families.â •â "Claire LaZebnik, coauthor of Overcoming Autism and Growing Up on the Spectrum

One-of-a-kind resource helps kids with autism understand their unique gifts and needs and learn strategies for daily living

I have read thousands of pages about autism and its related issues. There has never been a book so EXACTLY on target for reading with my son. The authors use appropriate tact, and bluntness when needed, to breach topics that are ongoing issues for our kids. I expected to have to insist on SSW reading it, but instead, he reads it on his own. Well done, and thank you.

My 9 1/2 year old son with autism devoured this book. So much useful information in here and very kid friendly! Covers topics from sleep to social skills to hygiene and approaches what autism is in a very kid friendly use! I suspect we'll get plenty more use out of this. My 8 year old NT daughter is now reading it to have a better concept on her brother than we can explain, life shares, and younger kid books can explain.

I searched for a while for a book just like this. Something to help explain to my Autistic son what was going on, and how he differed a little from the other kids his age. Also something that he could read to help explain, a lot better, exactly what ASD was and how he can deal with things that trouble him. He and I have started to read this together. He is very apprehensive about what is in it, but we read bit by bit. I think this is a perfect book if you are having a hard time with explaining to your child(ren) what is going on with them, pertaining to ASD. I hope though that there are more to come like this, and that they are a little more age appropriate. This is a little too advanced for my son, but we will manage.

Great read for Parents of children on the spectrum and the children themselves who are on the spectrum. Gives a lot of insight as to how and why people on the spectrum react/do things certain ways, and highlights new strategies to try should they get overwhelmed or over stimulated. I like how this book describes behaviors and points out behaviors that children don't realize they are doing, so they can learn how to be in tune with their feelings/sensory problems/over stimulation/reactions to stimuli etc. Helps parents be better able to understand and better able to help their children by seeing things from their perspective.

Just what I was looking for in order to help my 10 year old (Asperger) daughter understand her diagnosis.

This book was recommended to me by my daughter's RSP teacher. It has helped her (and me) understand the challenges that children on the Autism Spectrum face but more importantly to let them know that they are not alone. Things can get better and the first step is being self-aware.

Using it to work through with my students with Aspergers/HFA. The language used in the book is positive and easy to understand. It's not always easy to think of the "best" words to use whilst teaching students with ASD about Autism and how the neuro-typical world works.

Although I have not gotten through the entire book yet, this is a pretty simple and yet complex little reading item. I love this. As a parent with a child with ASD who is 6, this is very intuitive, easy and I overall love this purchase. :)

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